



**2011-2012**

***THE  
CENTRAL FLORIDA  
KRAZE/KRUSH SOCCER  
CLUB***

***PLAYER/PARENT  
HANDBOOK  
&  
POLICIES***

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB PHILOSOPHY AND VISION**

### **THE CENTRAL FLORIDA KRAZE/KRUSH PHILOSOPHY**

- The philosophy of the Central Florida Kraze/Krush Soccer Club is to create and introduce the next generation of youth soccer players. We are devoted to the growth of the overall soccer player. Our club desires players with a commitment to become intelligent soccer players who work as hard in the classroom as they do on the field and who ultimately strive to become a contributing part of the Central Florida community.
- Central Florida Kraze/Krush Soccer Club views growth and success from numerous angles. Growth is another form of development. The process starts at the recreational soccer level and progresses to the senior levels of youth soccer and adult leagues. Through these stages, the maturation of the player changes yearly. Change and progress is scaled and graded on a semi-annual measurement by the Central Florida Kraze/Krush staff. As a result of the process, we can see how success is achieved on a yearly level for every player.
- The success of the Central Florida Kraze/Krush Soccer Club evolves from the growth of our players both on and off the field. Rather than just measuring success in terms of games, leagues and tournaments, the Central Florida Kraze/Krush family views success by what is accomplished in the classroom, on the fields and in the local community.
- Central Florida Kraze/Krush Soccer Club players have proven that success comes from hard work and passion. This passion is first ignited in our very young players and is nurtured and strengthened to develop champions. Our Central Florida Kraze/Krush champions ultimately play at the next level, which may be a high school team or even the Florida Olympic Development Program (ODP) team. Players with the commitment to study and work hard eventually play for a college program, and may one day wear the colors of their country or perhaps lead a major corporation.

### **THE CENTRAL FLORIDA KRAZE/KRUSH VISION**

- Our mission at Central Florida Kraze/Krush Soccer Club is very simple, yet clearly defined: We represent the next generation of United States youth soccer. Our club is uniquely prepared to devote the passion, commitment, desire, and educated knowledge to develop players into champions on the field, in the classroom and in society. Our trainers ask that only players with this same passion and commitment take the next step to become a part of our young and proud tradition. We are creating the future of youth soccer right here in Central Florida.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB OPERATIONS**

### **THE CENTRAL FLORIDA KRAZE/KRUSH BOARD OF DIRECTORS**

- The Central Florida Kraze/Krush Board of Directors (or BOD) is the governing board for the Central Florida Kraze/Krush Soccer Club. The BOD is responsible for the internal structure and policies of the Central Florida Kraze/Krush Soccer Club.

Board of Directors:

<u>Title</u>	<u>Name</u>
President	Ed Filliben/David Hicks
Member at Large	Annette Root
Member at Large	Bryan Cobb
Member at Large	Ruben Trevino
Member at Large	Joe Raymond
Member at Large	Ray Colado

- The Central Florida Kraze/Krush BOD oversees the progress and strategic goals of the Club as executed by the club's Executive Director.

### **THE CENTRAL FLORIDA KRAZE/KRUSH STAFF DIRECTORS**

- Executive Director: Hue Menzies
- Girl's Program: Greg Brick
- Boy's Program: Joe Avallone
- Junior Premier Program: Craig Melton
- Developmental Program: Scott Thelen
- Recreation Program: Mike McAvoy & John Simonson

### **THE CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB OFFICE ADMINISTRATORS:**

- Head Administrator: Donna Lewis
- Administrative Assistant: Karen Krause

### **THE CENTRAL FLORIDA KRAZE/KRUSH OFFICES AND OFFICIAL WEB SITE**

- The Central Florida Kraze/Krush Soccer Club physical and mailing address is located at:
  - 6964 Aloma Avenue, Winter Park FL 32792
- The Central Florida Kraze/Krush Soccer Club telephone numbers are:
  - 407-695-4957 Offices
  - 407-605-6186 Fax
- The Central Florida Kraze/Krush Soccer Club web site is:
  - [www.cfksooccer.com](http://www.cfksooccer.com)

## **THE CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB COMMITMENT**

### **THE CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB TRAINING CONCEPT**

- The Central Florida Kraze/Krush Soccer Club provides a firm training commitment to each and every soccer player within our Club. Our club and our trainers are passionate about what we do, both on and off the field.
- The Central Florida Kraze/Krush trainers are primarily responsible for player development, instruction and education, as well as managing the overall growth of our players within the soccer environment.
- Training will be age appropriate to the competitive level, but the ideas and methodology will be consistent for all levels of player ability during the seasonal year. Specific training needs that arise relative to each team's competitive performance will also be available as determined by individual team trainers.
- The Central Florida Kraze/Krush training staff will evaluate all players at the conclusion of the fall/spring seasons utilizing an evaluation system called *Zoom Reports*.
- Central Florida Kraze/Krush Team Camp is provided by the Central Florida Kraze/Krush staff. This is a MANDATORY CAMP for all Central Florida Kraze/Krush players. The Team Camp is a 5-day camp which introduces the Central Florida Kraze/Krush staff and trainers to all players.
- Learning to play and make decisions on the field is vital to the development of soccer players. In soccer, the only way to learn how to make GOOD decisions consistently is to make a lot of decisions! The results of those decisions will include many successes and many failures. The beautiful thing about it is that players LEARN FROM BOTH SUCCESS AND FAILURE! Central Florida Kraze/Krush players will learn to make decisions based on training sessions, the level of play they challenge, and the direct support of the Central Florida Kraze/Krush staff and Directors of Coaching. The pace at which they develop is the key to their success.
- Central Florida Kraze/Krush Soccer Club provides a safe training environment for our players.
- Central Florida Kraze/Krush Soccer Club places our teams at a competitive level of play to develop the team at the best rate possible.
  - Club's Directors League (CDL), Greater Central Florida (GCF), Florida State League (FSL), Region 3 Premier League (R3L), Florida Premier League (FPL), Regional Comp Recreational and in-house recreational league.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB PROGRAMS**

### **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB DEVELOPMENTAL and JUNIOR PREMIER TRAINING**

- Our Developmental program is comprised of the U5 – U8 age groups and the Junior Premier Program is comprised of U9-U10 age groups. CFK premier coaches provide the training for this program, which is included in all fees.

### **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB EXCEL TRAINING**

- The Excel Training program provides more professional training to our competitive recreational teams. An extra fee is charged to have one of our professional staff train those teams once or twice a week.

### **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB COLLEGE DEVELOPMENT PROGRAM**

- The Central Florida Kraze/Krush Soccer Club College Development Program is a special program that is offered for Central Florida Kraze/Krush Select players. The program is introduced during a player's freshman year of high school, and is maintained throughout the high school years until the player's commitment to a university during their senior year. The College Development Program, or CDP, is a crucial process to youth soccer players who dream of playing college soccer. We introduce this program to the player and the parent together. The four-year program details the vital areas of collegiate recruiting, with special emphasis on the following areas:
  - Academics
  - College Testing and Preparation
  - College Correspondence and Contacts
  - Showcasing, Tournaments and Exposure

### **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB SPEED AND AGILITY TRAINING**

- The Central Florida Kraze/Krush Soccer Club's training concepts are based on developing the core of the body, the strength of the soccer player, the speed and quickness of a soccer player, and the overall maturation of the youth soccer player and his/her body through our partnership with Spectrum Sports Performance (SSP). This training program is currently offered to Premier level players.
- SSP training is incorporated throughout the seasonal year in training sessions. Training techniques include:
  - Ladder training
  - Hoops and hurdle training
  - Pole training
  - Shuttles and interval training

### **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB NUTRITIONAL INFORMATION**

- The Central Florida Kraze/Krush Soccer Club provides U.S. recommended nutritional information to our players and parents seasonally, with presentations from top nutrition professionals.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB ROLE OF THE TRAINER**

***THE CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB TRAINER WILL OVERSEE ALL ASPECTS OF HIS/HER RESPECTIVE TEAM DURING THE SEASONAL YEAR.***

- The trainer makes all playing time decisions.
  - Premier level – no rule on playing time
  - Recreational Level – 50% playing time per game until playoff competition.
- The trainer is responsible for the training session and the game line-ups.
- The trainer is responsible for meeting the goals of the Central Florida Kraze/Krush vision.
- The trainer is responsible for the manager of the team and any issues that may arise within the respective team.
- The trainer is responsible for team meetings.
- The trainer is to be on time for all meetings, training sessions and games.
- The trainer is to provide individual player evaluations at the end of the fall and spring seasons.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB ROLE OF THE PLAYER**

### **ATTENDANCE**

CFK is responsible for your soccer development for a 7 to 10 month period of the year. It is essential that club policies on attendance be adhered to. It is equally essential that parents make every possible effort to ensure that players attend practices and are on time for every scheduled training session and all games.

All Premier League Teams must attend two regular sessions per week. A third required weekly session is the SSP and CFK skills training. If a player is injured and is physically able to walk, they are required to attend all training sessions. Players with a transmittal symptom should stay at home. Players must arrive prepared for all training sessions and games. Requirements include:

- Proper uniform for training and games
  - Training – Tucked in Adidas training t-shirt, black shorts, socks and shin guards. SSP training may not require shin guards.
  - Pre-game attire will be the Adidas CFK training shirt.
  - Games – Black or White CFK uniform kit.
- Proper shoes
  - Turf shoes are required for training and CFK scrimmages
  - Cleats are required for league games
- An adidas soccer ball and plenty of water.

### **Missed Practice**

If a player misses a practice, that player needs to sit out at least a half of the first half of the next scheduled game. It is important that our kids maintain attendance for us to deliver appropriate and effective team sessions.

### **Tardy to Practice**

If a player is late to practice, it will be left up to the trainer to handle the situation. Appropriate consequences might include extra fitness or footwork training after practice.

### **Tardy to games**

Players must arrive at all scheduled games 45 minutes before game time. Each player has 15 minutes to get all necessary gear on for warm-up sessions. Should a player arrive after the warm-up begins (30 minutes before game time), they are considered late. This player will not be allowed to start the game.

### **DISCIPLINE POLICY**

The following offenses constitute extremely serious violations of the club's discipline policy. Players must realize that the situations below represent actions that are completely contrary to the codes and ethics of the club.

The club is only responsible for violations that occur at or during a club event. A club event is considered to be any team function that is sponsored by CFK, or held at any of our training or game facilities. For example: tournaments, practices, team parties, etc.

Violations that occur at non-sponsored club events will be taken into consideration, according to the seriousness of the offense. Violations may result in extended suspension or expulsion of the player from the club. The player must attend the club games and practices, but will not be allowed to participate during the time of the suspension. These offenses include:

- Any possession and/or use of drugs, narcotics, controlled substances and/or alcohol during any club event.
- Physically assaulting, sexually harassing or threatening to assault any other player(s), including opponents, trainers, referees or club representatives.
- Theft
- Verbally abusing a trainer, referee, club representatives and/or other player/opponent, including the use of foul language or racial slurs.
- Intentionally damaging club equipment and/or facilities.
- Conducting or participating in the hazing of another player during a club event.

The trainer, age group coordinator, Director of Coaching (DOC) and the Executive Director (ED) will determine what type of punishment will occur to the offender(s) for any of the above violations of club policy.

If a player violates any the above for the second time, they will be asked to leave the club immediately. Reinstatement back to the club will be considered, only if the player shows that they have received some form of rehabilitation. This decision will be made by the Board of Directors (BOD), ED, DOC, AC and the trainer.

### **PARENT GUIDELINES**

Parents should positively reinforce their children throughout the child's development. It is the parents' responsibility to make sure that they abide by the guidelines set forth by CFK. Failure to abide by these guidelines below may result in forfeiture of your child's player ID card for a period of time determined by the BOD. Guidelines for parent behavior include:

- No coaching during the games. A parent will be warned by the trainer or the team manager. If that parent does not cooperate, they will be asked to leave the game immediately. Please leave all the coaching to trainers.
- Parents are not allowed on any practice fields during scheduled practices. There are designated areas around the perimeter of the field for parents to sit during practices.
- Under no circumstances should a parent make disparaging remarks, negative comments and/or complaints to the referee, an opponent, other parents or other team players. The referees have the right to have a parent escorted from the complex.
- A parent should not approach a trainer during or after a game about conflict issues. The parent needs to follow the "48 Hour Rule". Make an appointment with the trainer to resolve any issues no sooner than 48 hours after a game. Parents should first contact the trainer, the DOC second, the ED third and then the BOD.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB PLAYER TRAVEL POLICY**

- All players are responsible for paying their travel expenses in a timely manner. If the manager is collecting fees, you are expected to pay in a timely manner. There are no travel scholarships.
  - Failure to pay will lead to non-participation in an event.
  - It is assumed that all players on a team will pay for the tournament entry fee, regardless of whether an individual player participates.
- All players must adhere to CFK Role of the Player policies and rules when traveling to and competing in all tournaments.
- All players must adhere to the curriculum set forth for each tournament they may attend with their CFK trainer/DOC.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB TRAINER TRAVEL POLICY**

- All CFK Trainers are responsible for paying their travel expenses within the boundaries of the GCF and CDL leagues.
- Traveling to tournaments that require overnight stays will be an additional cost for the team. The team is responsible for all expenses for that trainer. If two teams are traveling to the same tournament, the teams will share the hotel room cost. The following expenses are as follows:
  - \$25.00 per day for meals
  - Gas Expenses (No mileage costs)
  - Toll Expenses
  - Air Fare
  - Car Rental
  - Hotel Stay (No incidental costs)
- All CFK Trainers must represent and uphold CFK Role of the Trainer policies.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB FUNDRAISING POLICY**

- All CFK Teams are encouraged to fundraise to defray costs for travel purposes, team parties, and any additional activities that could lower team expenses.
- CFK requires all team managers to submit a written request for any particular fundraising event to Kelli-Ann Metropulos at kmetropulos@cfksoccer.com
  - All requests will be responded to within seven business days.
  - Any reproduction of the CFK logo or design without express written consent from CFK is forbidden.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB RAIN-OUT POLICY**

- CFK will notify all teams and players within our club about possible rain-outs by 3 p.m. daily via the following methods:
  - Website Update at [www.cfksoccer.com](http://www.cfksoccer.com)
- CFK will notify teams about rain-outs prior to the start of training sessions as each operating facility determines availability.
  - Shane Kelly, Central Winds and Ward Park – each facility is in charge of determining rain-out status; refer to website for weather hotlines.
- CFK will provide a safe training environment per weather standards. Lightning and proximity will be a contributing factor to not train, along with flooded and/or saturated fields.
- CFK will try to accommodate all rain-out sessions. Please contact your trainer.
- Each CFK DOC will make the appropriate decision per rain-out on that given day of training.
- League game rain-outs are determined by the respective field or league that teams will be playing at for that day. Please consult individual team managers for details regarding game rain-outs. All home games will be updated by CFK.

## **CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB UNIFORM MODIFICATION POLICY**

- There will be no modification to the Central Florida Kraze/Krush SC practice uniform, game uniforms or backpacks for the 2011-2012 fall and spring seasons.

## CENTRAL FLORIDA KRAZE/KRUSH SOCCER CLUB PAYMENT POLICY

- The Central Florida Kraze/Krush Soccer Club imposes a payment schedule defined below for all levels of play. The first payment of \$300 is required upon signing up for play. (This registration/entry fee is tax deductible.)

All additional payments are due on the 1st day of the month as follows:

<u>Month</u>	<u>Black</u>	<u>White</u>	<u>Red, Blue, Bridge</u>
August	\$184	\$142	\$116
September	\$184	\$142	\$116
October	\$184	\$142	\$116
November	\$184	\$142	\$116
November	\$184	\$142	\$116
January	<u>\$180</u>	<u>\$140</u>	<u>\$115</u>
Total Payments	\$1,100	\$850	\$695

- Payments should be made directly to the Club. Monthly statements will not be mailed, however a club wide "payment due" reminder will be sent via e-mail. Checks should be made payable to the **Central Florida Kraze/Krush Soccer Club** and mailed to: 6964 Aloma Ave., Winter Park, FL 32792. CFK auto pay with a credit card also is an option. We take Visa, MC, Amex and Discovery.
- Failure to pay fees within thirty (30) days of fee payment due date will invoke the "**no pay, no play**" Club policy and the player's ID card will be held by the Board of Directors until past due payment is received. Players will be ineligible to participate in team practices, games and tournaments until payment is received. We realize that emergencies can arise that may result in a financial strain on families. In order to keep the player from being ineligible, the Club will work with individual families to craft an acceptable payment plan on a case-by-case basis.
- Players that receive CFK Financial Aid are based on an individual payment plan.
- CFK will issue prorated refunds for player fees if a player departs Central Florida Kraze/Krush SC for the following reasons only:
  - o Season ending injury per doctor's note
  - o Job relocation

## ROSTERING PROCEDURES

Every player is assigned to a team in the club for a year. The first team that they are assigned to is called the "primary team". A player can double roster to another team in the club. This will be considered a "secondary team". **A CFK PLAYER CANNOT DOUBLE ROSTER WITH ANOTHER CLUB.** Players and parents need to be committed to our organization. If a player request to be a guest player on another team outside the club, they have to get a written approval from their team trainer and the gender DOC. Please go to FYSA rules on guest players for more clarification.

## **VOLUNTEER HOURS**

CFK is a non-profit organization that is highly dependent on the members to be active in the development of the club. The man power needed to maintain the entire operations of the club far exceeds the time and effort that our employees can achieve. We in turn request that you, the members, provide us with volunteer time. Each player/parent is required to commit ten (10) hours during the year as a volunteer in support of the Club. There are several ways to cover this commitment (i.e. volunteering at a club sponsored tournament or club sponsored fundraising event). These hours will be tracked and it is your responsibility to ensure proper credit is received. The volunteer form must be completed and returned with the player commitment form and/or pay the **buy-out fee of \$50**. If the buy-out option is chosen, payment must accompany the form. We sequentially request hours through our members. Members that receive any financial assistance from our organizations are contacted first. The High School aged players are next in line because they receive "Bright Future" hours for their services. Lastly, we depend on the rest of the members of the organization. Hours are often needed for club registration, tryouts, tournaments, special events and office work. You will be contacted for your service by your team manager, the event coordinator or the office when your time is needed. If you would like to volunteer for specific events, please contact the office or [info@cfksoccer.com](mailto:info@cfksoccer.com). Your service will be very much be appreciated.